

# Payment Policy:

Jessica currently participates with Cigna and Anthem Insurance. If you do not have either of these insurances, your counseling session will be considered "self-pay". Fee for each session will be due at the time of service.

I am happy to provide you with a "Superbill" and/or an itemized invoice you can submit to your insurance company for reimbursement. Reimbursement is based on your policy's standards.

Please call your insurance company's member services number to verify how reimbursement works under your current insurance policy. It is your responsibility to verify insurance coverage. I can provide a script for you to use to help navigate questions.

Payment is due at the time of service. Payments are made to Jessica Dean Nutrition, LLC.

Jessica accepts cash, check and all major credit cards. A PayPal invoice can be sent for credit card payments.

## **CANCELLATION POLICY**

Initial appointments last up to 60 minutes and follow-up appointments are 30-45 minutes. Jessica values your time and hers. Please read the cancellation policy carefully.

Initial appointments missed or cancelled with less than 24 hours notice will be subject to a \$125 cancellation fee.

Follow-up visits missed or cancelled with less than 24 hours notice will be subject to a \$75.00 cancellation fee.

I have read and agree to the above payment and cancellation policies.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_